



PROCEDURES REQUIRING PRIOR AUTHORIZATION FROM VIVA HEALTH

All VIVA HEALTH members require the Primary Care Physician and/or Specialist to contact the Medical Management Department in advance for the following:

<ul style="list-style-type: none"> •All inpatient admissions, either elective or emergent (including 23 hour observations). For emergencies, VIVA HEALTH should be contacted within 24 hours of admission (or the next business day). 	<ul style="list-style-type: none"> •All sinus or nasal surgery (copies of records required)
<ul style="list-style-type: none"> •All out of network, out of panel or out of area services 	<ul style="list-style-type: none"> •Sleep studies: C-PAP, MSLT, PSNG (copies of records listing symptoms required)
<ul style="list-style-type: none"> •All referrals from the PCP to the Specialist (only required for VIVA HEALTH “Gatekeeper” model HMO products), excluding OB/Gyn, ophthalmologist and optometrist services from participating providers 	<ul style="list-style-type: none"> •Arteriograms
<ul style="list-style-type: none"> •Outpatient surgery including wound care 	<ul style="list-style-type: none"> •All angiograms except CT guided
<ul style="list-style-type: none"> •Emergency Room visits (within 24 hours or next business day) 	<ul style="list-style-type: none"> •Cardiac Caths
<ul style="list-style-type: none"> •Inpatient Rehabilitation or Day Treatment (letter of medical necessity required) 	<ul style="list-style-type: none"> •Cardiac Rehab, Pulmonary Rehab
<ul style="list-style-type: none"> •Rehabilitation Services: Physical Therapy, Occupational Therapy, and Speech Therapy 	<ul style="list-style-type: none"> •Holter monitors, if worn longer than 24 hours
<ul style="list-style-type: none"> •Pain Clinic Care 	<ul style="list-style-type: none"> •Myelograms, Discograms, and PET scans
<ul style="list-style-type: none"> •Prescriptions requiring Prior Authorization (see page 38) 	<ul style="list-style-type: none"> •Orthotics
<ul style="list-style-type: none"> • All ancillary services (home health, IV therapy, hospice care, durable medical equipment (DME), orthotics, prosthetics, etc.) 	<ul style="list-style-type: none"> •Skilled Nursing Facility admissions
<ul style="list-style-type: none"> •All scopes performed outside the physician’s office All colonoscopy & EGD (regardless of place of service) All other scopes performed outside the physician’s office 	<ul style="list-style-type: none"> •Transplant services
<ul style="list-style-type: none"> •All plastic surgery, even if performed in physician’s office (copies of records, pre-op photos and letter of medical necessity required) 	